



Personality Assessment (CPA)

The following questionnaire is to assess your nature and usual behavior pattern. Answer each question based on your thinking, feeling, behavior over the past several months. Please mark T (True) or F (False) against each item. Do not leave any item. You need to choose one answer (Yes or No) even if you are not fully sure. There is no time limit. There are no right or wrong answers. It simply describes what kind of person you are.

1. I avoid working with people who criticize me
2. I cannot make decisions without the advice or support of others
3. Anything I do, I pay too much attention to details; everything has to be perfect
4. In a party or gathering, I want everyone to pay attention to me
5. I think I have done great things, but people do not appreciate or admire me
6. If my loved one tries to leave me, I will take any extreme step to stop it.
7. People complain that I neglect my work or responsibilities
8. I could have been held by police if they found out what I did many times.
9. I have no interest in spending time with family or friends
10. I have some sixth sense or intuition on things happening around me.
11. I have a feeling that people will cheat me or exploit me if I am not careful
12. Sometimes I get upset about things happening to me.
13. If I am not sure that people will like me, I do not try to make friends with them
14. I am usually sad and depressed.
15. If others can do what I am supposed to do, I am happy.
16. I waste time for making things too perfect.
17. I think I am sexually more attractive than others.
18. I often think that I am really a great person
19. Either I like someone completely or hate him/her completely (nothing in between)
20. I often get into physical fights
21. I feel that other people do not understand me or appreciate me.
22. I prefer to do things alone, not with other people.

23. I have the ability to know and predict what is going to happen in the future.
24. I am not sure if I can really trust the people that I know.
25. I often gossip about people when they are absent
26. I do not get too close with people if I am not sure that they will like me.
27. I am afraid that people will not support me if I disagree with them
28. I am not a perfect person, I make mistakes.
29. Work is most important for me, having fun or spending time with family is less important.
30. I show my emotions easily.
31. I am special, therefore only special people will understand or appreciate me.
32. Sometimes I wonder who I really am; what is my real nature?
33. I keep changing jobs and am not able to meet my expenses
34. I have no interest in sex.
35. People think I am mostly sad or angry
36. I can sense or feel things that other people cannot. This is a special ability.
37. I worry that others will use against me the things I tell them
38. I do not like some people
39. I am very sensitive and I worry about being criticized or rejected by others
40. Doing things independently without anyone's help is difficult for me.
41. I am more conscious of right and wrong than most people.
42. I criticize myself too much.
43. I try to get other's attention by using my physical appearance
44. I want to get more attention and compliments from people.
45. I have tried to hurt myself or to commit suicide.
46. I am impulsive, I do things without thinking through.
47. I do not have interest in many activities.
48. Even if I am saying things, people do not understand me properly
49. I do not like if supervisors or anyone telling me how I should do my job.
50. I try hard to understand the inner meaning of what people are saying.
51. I have never told a lie.
52. I am afraid to meet new people because I feel I am not good enough.
53. I do things that I really don't like just to make people like me

54. I keep storing old, unwanted things because I simply cannot throw them out.
55. Although I talk a lot, people don't clearly understand me
56. I worry too much
57. I expect others to help me, but I usually don't do any favours for others
58. I get into bad moods very often.
59. I often tell lies, it comes naturally to me.
60. I am not interested in having close friends
61. I am very careful so that others do not take advantage of me.
62. If anyone hurts me, I never forgive or forget it.
63. I am jealous of those who are luckier than me
64. I don't care if a nuclear war actually took place
65. When I am alone, I feel helpless, unable to take care of myself
66. If others cannot do things the way I want, I will do them myself.
67. I have the ability to present things in a dramatic way to impress on others.
68. Some people think I take advantage of others
69. I feel there is no meaning in life, life is dull.
70. I usually criticize others
71. I don't care what others have to say about me
72. Meeting people face to face is difficult for me
73. People think I am not sensitive about other people's feelings.
74. Seeing me people have the impression that I am weird or eccentric.
75. I enjoy doing risky things
76. I have lied a lot in this questionnaire.
77. I often complain about my problems or difficulties
78. I cannot control my anger. I have a bad temper.
79. Some people are jealous of me
80. Others can easily influence me or convince me.
81. I think I spend money very carefully, but people think I am cheap or stingy.
82. If there is a breakup in relationship, I will want to start another one immediately
83. My self-esteem is very low (I think low about myself)
84. I see the negative side of things more than positives
85. If anyone insults me, I will rush to take vengeance
86. I am nervous when I am with new people
87. In new situations, I fear being embarrassed.
88. I am very scared of being left to care for myself
89. People complain that I am a very stubborn person
90. I am too serious in relationships even when my partner is not that serious

91. One minute I may be nasty with someone, the next minute I may apologize and plead with him.
92. People think I am proud and look down upon others
93. When I am stressed, I doubt everyone and I do not know what I am doing.
94. I want to get what I want; if others get hurt in that process, I do not care.
95. I keep my distance from others
96. I often wonder whether my wife/ husband / friend has been cheating on me.
97. I feel guilty very often
98. I have done the following things on impulse, and it could have got me into trouble:
 - a) Spending more money than I have
 - b) Have sex with strangers
 - c) Drinking too much alcohol, beer etc
 - d) Using drugs
 - e) Uncontrolled, erratic eating
 - f) Driving recklessly as if "I don't care"
99. When I was a child (before age 15), I have done the following things:
 - (1) I was a bully in school
 - (2) I used to start fights with other children
 - (3) I used weapons in fights
 - (4) I robbed or mugged people
 - (5) I was physically cruel to people
 - (6) I was physically cruel to animals
 - (7) I forced someone to have sex with me
 - (8) I have lied a lot
 - (9) I walked out of home and stayed out overnight
 - (10) I stole things from others
 - (11) I set fire for fun
 - (12) I broke windows or destroyed property
 - (13) I used to skip class and go out
 - (14) I broke into someone's car, house etc.

CPA PERSONALITY QUESTIONNAIRE ANSWER SHEET

Your Name.....Today's Date.....

Age..... Sex.....Marital Status.....Education.....

1	T	F	34	T	F	67	T	F
2	T	F	35	T	F	68	T	F
3	T	F	36	T	F	69	T	F
4	T	F	37	T	F	70	T	F
5	T	F	38	T	F	71	T	F
6	T	F	39	T	F	72	T	F
7	T	F	40	T	F	73	T	F
8	T	F	41	T	F	74	T	F
9	T	F	42	T	F	75	T	F
10	T	F	43	T	F	76	T	F
11	T	F	44	T	F	77	T	F
12	T	F	45	T	F	78	T	F
13	T	F	46	T	F	79	T	F
14	T	F	47	T	F	80	T	F
15	T	F	48	T	F	81	T	F
16	T	F	49	T	F	82	T	F
17	T	F	50	T	F	83	T	F
18	T	F	51	T	F	84	T	F
19	T	F	52	T	F	85	T	F
20	T	F	52	T	F	86	T	F
21	T	F	54	T	F	87	T	F
22	T	F	55	T	F	88	T	F
23	T	F	56	T	F	89	T	F
24	T	F	57	T	F	90	T	F
25	T	F	58	T	F	91	T	F
26	T	F	59	T	F	92	T	F
27	T	F	60	T	F	93	T	F
28	T	F	61	T	F	94	T	F
29	T	F	62	T	F	95	T	F
30	T	F	63	T	F	96	T	F
31	T	F	64	T	F	97	T	F
32	T	F	65	T	F	98	T	F a b c d e f
33	T	F	66	T	F	99	T	Numbers.....

After marking the answers, please scan the answer sheet and e-mail to:
kaliaden@gmail.com Please attach your online payment receipt.

YOUR PERSONAL COMMENTS: